

# ST. ANN'S SCHOOL ICSE & ISC

Akshayanagar, Bangalore – 560068 | KA-376

# INTERNATIONAL FRUITS DAY

**01 JULY 2026**

**"Healthy eating begins with nature's sweetest gifts – fruits."**





**A vibrant celebration of fruits, healthy choices, creativity and joyful learning**

### A CELEBRATION OF HEALTH • NATURE • CREATIVITY

St. Ann's School ICSE & ISC celebrated International Fruits Day with immense enthusiasm and exuberance, highlighting the significance of fruits as an essential component of a wholesome and nutritious lifestyle.

## EVENT HIGHLIGHTS

- The programme commenced with a colourful welcome dance, with students dressed in vibrant fruit-themed costumes, creating a delightful and lively atmosphere.
- This was followed by an informative presentation by the students on the nutritional value and health benefits of fruits. A spirited dance performance further enriched the celebration, spreading the message of healthy eating.
- The event also featured a creative fruit-carving demonstration by parents, showcasing their remarkable artistry and imagination, along with an adorable ramp walk by the KG students, who confidently displayed their charming fruit-inspired outfits.
- The celebration concluded with an inspiring address by the Principal and a heartfelt vote of thanks, encouraging everyone to embrace nutritious food choices and cultivate healthy eating habits.

**LET FOOD BE THY MEDICINE • CHOOSE FRESH • EAT HEALTHY • LIVE WELL**

